

# Breakfast

*Hashbrowns can be substituted for fruit of the day \$1*



## Eye Opener \$14

two eggs any style with bacon, ham or sausage - served with hash browns and toast

## Sunrise Breakfast \$10

two eggs with grilled tomatoes and an english muffin

## Baja Breakfast \$16

two poached eggs on multigrain toast with avocado, fresh sliced tomato, 2 slices of bacon topped with mixed cheese - served with hash browns

## Breakfast Wrap \$14

flour tortilla filled with scrambled eggs, diced onions, peppers, bacon, tomato and mixed cheese - served with hash browns

## Vegetable & Feta Omelet \$17

three egg omelet with onions, peppers, tomato and grated feta cheese - served with hash browns and toast

## Cinnamon French Toast \$13

three slices french bread dipped in cinnamon sugar & egg mixture then grilled - served with maple syrup & butter

## Pancake Stack \$12

two buttermilk pancakes served with maple syrup & butter

## McMully \$12

fried egg with bacon and mixed cheese on an english muffin - served with hash browns

### SIDES

Two Slices of Toast \$4

Bacon \$4½

Cinnamon Bun \$5½

One Slice of Toast \$2½

Sausage \$4½

Fruit of the Day \$4¼

Hashbrowns \$3¼

Ham \$4½

One Egg \$2



**Legends**  
CLASSIC GRILL

**GF** Gluten Free

**V** Vegetarian

## Appetizers

*'Appy Hour' Daily from 3pm to 6pm  
- save \$4 off any appetizer selections*

### Crunchy Fish Tacos \$16

two flour tortillas with avocado, spring salad mix, mango salsa, three cheese blend topped with chipotle aioli

### Chicken Bacon Flatbread \$17

crunchy chicken and canadian bacon on flat bread with herb garlic cream sauce , three cheese blend - topped with bbq drizzle

### Prawn Toast \$15

five tiger prawns sautéed in house herb butter with diced tomato and white wine - served on a grilled baguette

### Truffle Fries \$12

fresh kennebec potatoes double fried then tossed with black truffle oil, hawaiian pink sea salt - topped with asiago parmesan

### Chili Chicken \$15

crunchy chunks of chicken tossed in a sweet chili sauce with cucumbers & sesame seeds - served over crunchy wontons

### Ginger Beef \$17

seasoned beef strips fried and tossed in thai ginger sauce - served on wontons topped with sesame seeds and green onions

### Wings \$17

eight pieces crispy fried wings with roasted red pepper aioli

### Nachos \$21 (add beef \$4)

tortilla chips with onions, peppers, tomato, jalapeños and mixed cheese - served with salsa and sour cream

## Salads

*Gluten Free choices w/o toast*

**All salads served with garlic toast - add a  
Chicken Breast or Prawns \$6**

### Legends House Salad \$14 Half Order \$9

spring salad mix topped with grated carrots, diced tomato, cucumber, sun dried cranberries, mixed nuts & seeds – served with your choice of dressing & garlic toast

### Caesar Salad \$15 Half Order \$9

fresh cut romaine lettuce with herb croutons, caesar dressing and asiago parmesan - garnished with lemon and served with garlic toast

### Southwestern Chicken Salad \$19

mexican spiced chicken breast on top of spring salad mixed with radish, carrots, tortilla chips, cucumber, tomato, black beans - served with garlic toast

## Sandwedges

*Served with your choice of Fries, House Salad,*

*Caesar Salad or Soup*

**Half & Half \$2 Substitute Yam Fries \$3**

### Curried Cranberry Chicken Melt \$17

chicken breast and sun dried cranberries mixed with curry, celery, green onions and mayonnaise - topped with three cheese and served on flat bread

### California Chicken Club \$17

grilled chicken breast with bacon, avocado, lettuce, tomato & smoked gouda - served on multigrain toast

### Tuna Melt \$17

ocean wise tuna mixed with green onion, celery & roasted red pepper aioli on stone flatbread - baked with three cheese blend & fresh tomato

### Beef Dip \$19

canadian aaa slow roasted shaved beef, soaked in red wine au jus - topped with crispy onions and mozzarella cheese

### Ham and Cheese Croissant \$17

black forest ham with swiss cheese, tomato, lettuce, cucumber and roasted red pepper aioli

### NY Steak Sandwich \$21

7 oz aaa canadian ny steak served on garlic toast - topped with onion ring garnish

# Burgers

GF Gluten Free V Vegetarian

## Bacon Cheddar Burger \$19 GF

charbroiled pure beef patty topped with smoked bacon and cheddar cheese

## Full Load Burger \$20 GF

charbroiled pure beef patty topped with sautéed fresh mushrooms, bacon & swiss cheese

## Western Burger \$19

charbroiled pure beef patty topped with bbq sauce, jalapeños and onion crisps

## Legends Burger \$17 GF

charbroiled pure beef patty topped with lettuce, tomato, onion, pickle and mayonaise

*All burgers topped with lettuce, tomato, onion, pickle and mayonnaise. Served with your choice of Fries, House Salad, Caesar Salad or Soup Half & Half \$2 Substitute Yam Fries \$3 Substitute Chicken Breast - \$2  
Gluten Free choices without bun.*

# Favorites

## Soup and Salad \$16

bowl of soup and a half salad - served with garlic toast

## Vegetable Stir Fry \$17

assorted stir fry vegetables with and oriental sauce tossed with singapore noodles  
(add chicken or prawns \$6)

## House Lasagna \$18

layers of meat sauce with fresh spinach, ricotta cheese and three cheese blend - served with tossed salad & garlic toast

## 2 Piece Fish & Chips \$18 (or 1 Piece \$14)

beer battered cod fillet with fresh cut kennebec fries - served with tartar sauce, coleslaw and lemon wedge

# Entrées (available from 4:30pm daily)

served with vegetable & potato of the day - except pastas

*add cup of soup or salad - each \$4*

## Cordon Bleu Schnitzel \$22

chicken schnitzel topped with black forest ham and mozzarella cheese

## Steak and Mushrooms \$24 GF

7 oz ny steak with herb brandy sautéed mushrooms (add prawns for \$6)

## Drunken Jumbo Prawns \$22 GF

eight tiger prawns sautéed in house herb butter with leeks, white wine and cream cheese

## Veal Cutlet Madagascar \$21

pan fried breaded veal cutlet topped with madagascar peppercorn sauce

## Pasta of the Day \$19

nightly specials - check with server for today's selection



[www.KelownaSprings.com](http://www.KelownaSprings.com)

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Kelowna, BC  
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## Sunday Brunch

*Substitute seasonal fruit of the day for hashbrowns \$1*

### **Eggs Benny \$16**

two poached eggs on an english muffin with black forest ham and home made hollandaise sauce - served with hashbrowns

### **Farmer's Omelet \$18**

three egg omelet with bacon, sausage, onions, peppers, tomato and mixed cheese - served with hashbrowns and toast

### **Berry Belgian Waffle \$16**

waffle topped with mixed berries, fresh strawberries and whipped cream

### **Cinnamon French Toast \$13**

three slices of french bread dipped in cinnamon sugar egg mixture then grilled - served with maple syrup and butter

### **Barnyard Hash \$17**

chunk hashbrowns with bacon, sausage, onions and peppers topped with two poached eggs, mixed cheese - served with toast

### **California Benny \$16**

two poached eggs with avocado and tomato on english muffin topped with hollandaise sauce - served with hashbrowns

### **Fruit Crêpes \$16**

fresh fruit with yogurt and granola rolled in two crêpes topped with whipped cream and fruit purée - served with hashbrowns

### **Par 5 Breakfast \$17**

three eggs with two slices of bacon, two sausage and a ham steak - served with chunk hash, toast and jam

## Special Occasions Sunday Brunch may be offered in a different format due to Covid-19)

**Father's Day Brunch - Sunday, June 19/22**

*Make your  
reservation today!*