

Back 9 Breakfast Special \$ 29

Get up early, play the back nine at Kelowna Springs, and enjoy a full hot breakfast afterwards. Check with the Golf Shop for current start times.

Junior Membership - NEW! \$ 299

Know of any up and coming golfers? Unlimited, five golf course access with lessons and discounted range balls at three local practice facilities. Visit www.playgolfkelowna.com for details.

Putts & Pints Tuesdays \$ 32

Every Tuesday from 2pm, we offer a 9 hole league with an emphasis on fun. Price includes your first beverage at Legends Classic Grill, where you will also find Tuesday pasta specials priced at 'buy one, get the second at half off'.

Play Golf Kelowna Value Cards - NEW! from \$ 300

Five golf courses. Four practice facilities. One incredible value. Three value cards to choose from, with savings up to 46% on green fees and 40% at practice facilities. Visit www.playgolfkelowna.com for details, and remember - it's okay to play around.

Business Ladies League from \$ 35

For twenty years straight, Kelowna Springs has had the best Business Ladies league in Kelowna. Visit the golf shop for details, and come join us every Wednesday for 9 holes of golf, fun, camaraderie and great après golf food and festivities at Legends Classic Grill.

Take a Kid to the Course Nights - NEW! from \$ 10

Another exciting www.playgolfkelowna.com initiative - Take a Kid to the Course Nights are offered every Saturday, Sunday and Monday between mid April & late September. Once each night in Kelowna, and once each night in West Kelowna. Kelowna Springs hosts most Saturdays. Further details are on the internet, or check with the golf shop for current start times.



Legends

CLASSIC GRILL

(250) 765-4653

Men's Night from \$ 37

Every Thursday from 12pm is Men's Night at Kelowna Springs - open to Members and non-Members.

Putting Course Specials \$ 32

Did you know we have an all natural grass, 18 hole putting course? We have a special foursome rate of \$ 32 (regular price \$ 12 per person). No need to make reservations.

Sunday Brunch

We offer Sunday Brunch from 10am to 1:00pm weekly from early April to late October. Adults \$ 16.6 Seniors \$ 13.4
Members \$ 12.4 Twelve and under \$ 8.1

Sunday Prime Rib VQA Dinners \$ 59

Two complete prime rib dinners and a bottle of BC VQA wine to share. Ask your server for details and to confirm availability.

Golf & Dining Specials

China Town Lettuce Wraps - NEW \$ 9.4

Pan fried chicken breast with onions, peppers, steamed noodles, roasted cashews and oriental spices served with iceberg lettuce.

Jumbo Tiger Prawns \$ 9.6

Five black tiger prawns sautéed in a classic herb butter served with rice.

Rock Crab Spinach and Artichoke Dip - NEW \$ 9.8

Dungeness crab with spinach, artichokes, cream cheese and fresh herbs. Served with flour tortilla chips and corn chips.

Ginger Beef \$ 8.9

Tender beef strips tossed in citrus teriyaki ginger sauce served on crunchy noodles with prawn chips.

Chicken Wings \$ 9.9

House spiced marinated chicken wings cooked fresh to order and served with roasted red pepper aioli.

Southwestern Prawn Taco - NEW \$ 9.6

Pan fried jumbo tiger prawns in mexi spice served open faced on flour tortilla with Pico de Gallo, guacamole, shredded cabbage and chipotle drizzle.

Nachos \$ 14.7

Layers of corn chips, cheese, onions and peppers served with salsa and sour cream. Half order \$ 10.9



Vegetable Rice Wraps \$ 7.8

Julienne carrot, cucumber, red pepper, organic baby lettuce and marinated rice noodle all rolled in rice paper served with Thai peanut dipping sauce. Add chicken \$ 3.3 or add prawns \$ 4.3

Mini Burgers \$ 9.9

Three certified Angus beef patties. One with mushroom and Swiss cheese, one with bacon and cheddar and one with BBQ and cracked peppercorns.

Thai Chicken Flat Bread Pizza - NEW \$ 9.5

Naan bread topped with peanut sauce, roasted chicken, green onions, shredded carrots, cilantro, cashews and mixed cheese.

Dry Sea Salt Pepper Riblets \$ 9.1

Slowly roasted tender full bone pork back ribs seasoned and fried, then topped with Hawaiian sea salt and fresh ground black pepper.

Appetizers

Classic Clubhouse § 10.6

Canadian double smoked bacon, fresh turkey breast with tomato, leaf lettuce, cheddar cheese and mayonnaise.

Beef Dip § 10.8

Tender, slow roasted AAA Canadian beef served in a hoagie bun with au jus. Add mushrooms and swiss, or bacon and cheddar for § 1.8

Ginger Beef Wrap - NEW § 9.6

Fresh tender strips of beef tossed with ginger sauce, shredded carrots, spring mix, mixed cheese and fresh diced tomato rolled in a flour tortilla.

Philly Corned Beef - NEW § 9.8

Grilled corned beef with sautéed sweet onions, bell peppers and melted Swiss cheese on marble rye. Served with hot Dijon mustard.

Pesto Chicken Breast Panini § 9.9

Broiled fresh Fraser Valley chicken breast topped with nut free pesto mayonnaise, sautéed peppers, onions, spinach and spiced Danish Havarti served on Tandoori Naan bread.

Curried Chicken Cranberry Melt § 9.9

Fresh chicken breast with sun dried cranberries, roasted almonds, diced celery and curried mayonnaise on an English muffin with three cheese blend.

Turkey Cordon Bleu Panini - NEW § 9.4

Sliced turkey breast with black forest ham, tomato, Swiss cheese and roasted red pepper aioli. Served on Naan bread.

Crunchy Chicken Bacon Wrap § 9.9

Crunchy chicken breast fillet, double smoked Canadian bacon, leaf lettuce, tomato, ranch dressing and three cheese blend all rolled in a flour tortilla.

Vegetable Wrap § 9.4

Organic spring mix, julienne carrots, cucumber, peppers, artichokes, mixed three cheese blend and roasted red pepper aioli in a flour tortilla.

All salads are served with garlic toast. Add Chicken § 3.3, add five prawns § 4.3, add salmon fillet § 5.4

Spring Salad § 7.8

Mixed organic baby lettuce with julienne vegetables. Half size available for § 5.8

Tortilla Chicken and Prawn Salad - NEW § 12.5

Tortilla bowl filled with spring mix, peppers, mixed cheese and tortilla strips in a southwestern ranch dressing topped with chicken breast and three tiger prawns.

Caesar Salad § 8.9

Fresh cut romaine lettuce tossed with croutons, asiago parmesan and house made caesar dressing. Half size available for § 6.6

Teriyaki Spring Salmon Salad § 13.9

Fresh BC spring salmon glazed with Asian teriyaki sauce served on organic baby greens with wasabi peas, grilled pineapple, crunchy noodles and oriental dressing.

Chicken Pasta Salad § 12.7

Fresh Fraser Valley chicken breast with baby corn, penne noodles, mandarin oranges, organic spring mix, bean sprouts and diced sweet peppers tossed in a creamy pesto mandarin dressing.

Spinach and Blueberry Salad - NEW § 10.2

Baby spinach leaves with fresh blueberries, Spanish onion, sun dried cranberries and candied almonds tossed in a sweet mango dressing.

Grilled Chicken Salad § 12.7

Fresh grilled Fraser Valley chicken breast with peaches, candied pecans, organic mixed greens, vegetables and peach vinaigrette.

Sands, Wraps, Paninis & Salads

Served with fries, tossed salad, caesar salad or 1/2 and 1/2.
Choice of whole wheat or white bun.
Substitute Yam Fries \$ 2.3

(all burgers have onions, mayonnaise, leaf lettuce, tomato and pickle)

Pure Beef Burger \$ 9.6

Broiled six ounce pure beef patty. With cheese add \$ 1.

Chicken Burger \$ 9.9

Grilled or crunchy five ounce fresh Fraser Valley chicken breast.

Teriyaki Pineapple Salmon Burger \$ 12.6

Six ounce BC spring salmon fillet topped with grilled pineapple slice, teriyaki sauce and Spanish onion.

Legends Loaded Burger \$ 12.2

Six ounce pure beef patty, double smoked bacon, fresh sautéed mushrooms, BBQ sauce and cheese.
Chicken breast add \$1.

Vegetable Burger \$ 9.1

Pure vegetable patty with roasted red pepper aioli.

Burger add ons

- Double smoked bacon \$ 0.8
- Black forest ham \$ 0.8
- Sliced cheddar, Swiss or Havarti cheese \$ 0.8
- Mushrooms \$ 0.8
- Sautéed onions \$ 0.8
- BBQ Sauce \$ 0.8



Meat Lasagna \$ 10.4

Layers of fresh pasta sheets, bolognese sauce, baby spinach, ricotta cheese and topped with asiago, cheddar and mozzarella blend. Served with garlic toast.

AAA New York Steak Sandwich \$ 14.9

Eight ounce Alberta AAA New York steak served with garlic toast, onion ring garnish and choice of fries or salad.

Fish & Chips \$ 10.6

Two pieces of battered cod filled served with fries or salad, and tartar sauce.

Chicken Stir-Fry \$ 13.9

Mixed blend of fresh vegetables, chicken breast and oriental ginger sauce served on steamed noodles.

Burgers & Favourites

Dinners available daily from 4:30pm. Served with choice of potato or rice and seasonal vegetables.

Add a cup of soup or side salad to start for \$ 2.8

Fresh BC Spring Salmon \$ 14.9

Grilled six ounce fillet topped with fresh lemon grass caper sauce.

Honey Garlic AAA Steak - NEW \$ 17.8

Broiled eight ounce AAA Alberta beef topped with honey and roasted garlic sauce.

Back Ribs \$ 16.9

Slowly roasted, then smoked tender back pork ribs topped with BBQ, honey garlic or teriyaki sauce.

Hunter Chicken Breast - NEW \$ 13.8

Fresh chicken breast topped with hunter sauce (onions, mushrooms, bacon and fresh tomato in a rich beef sauce).

AAA New York Steak \$ 18.9

Eight ounce Alberta prime New York steak topped with pan fried local fresh herbs and brandy mushrooms.

Chicken, Bacon & Mushroom Penne \$ 13.6

Pan fried fresh chicken, double smoked bacon, onions, mushrooms and fresh diced tomato in a roasted garlic alfredo sauce. Served with garlic toast.

Drunken Chili Prawns - NEW \$ 14.6

Ten jumbo tiger prawns sautéed in a chili white wine cream sauce served in a hot skillet.

Vegetable Stir Fry \$ 12.6

Mixed vegetables with baby corn and fresh bean sprouts in an oriental sauce served on steamed noodles.



Fish & Chips \$ 7.4

One piece of cod served with fries and tartar sauce.

Legends Classic Denver Sandwich \$ 6.8

Sautéed onions, peppers and ham with egg and cheese. Served with fries or salad.

Chicken Stir Fry \$ 8.9

A smaller version of our full version. Chicken breast with fresh vegetables in an oriental ginger sauce on steamed noodles.

Chicken Fingers \$ 7.6

Two chicken fingers served with fries and plum sauce. Four finger option \$ 9.9

½ Soup & ½ Sandwich \$ 6.4

One half of our daily soup and sandwich special.

Grilled Cheese & Fries \$ 6.2

Dinners & Lighter Side